EDS Lunch Service Parent FAQ

What is new about lunch at EDS this year?

Beginning with the 2026–2027 school year, EDS is partnering with **FLIK Independent School Dining (FISD)** to provide freshly prepared meals for students and faculty each school day.

Meals are prepared on site in our newly renovated campus kitchen, giving students a convenient and nutritious lunch option throughout the school year.

Is participation in the lunch program required?

No. Participation in the EDS dining program is optional. Students may bring lunch from home or purchase lunch through FLIK.

Please note that restaurant food may not be delivered to students during the school day by a delivery service or by a parent

Where can I see the lunch menu?

Current menus are available through the **Dining at EDS** page on the school website.

How do I sign up for lunch?

Every EDS family and faculty member has access to a **MyKidsSpending** account through Veracross.

Log in to the **Veracross Parent Portal** and click the **Lunch Registration** button. From there, families can select a meal plan, add funds to a declining balance account, and manage meal selections and purchases.

I tried to sign up, but it wasn't working. What should I do?

We believe we have resolved several glitches in the sign-up system. If you tried previously and were unable to complete registration, please refresh your browser, log back into Veracross, and try again.

Does my child have to have a meal plan to purchase lunch?

No. If you do not purchase a meal plan, your child may still purchase a meal at the retail rate using funds in their declining balance account.

Students may also continue to bring lunch from home.

What is the difference between a meal plan and the declining balance account?

A **meal plan** covers the designated meal, including the entrée, sides, and beverage.

The **declining balance account** can be used to:

- Purchase a meal at the retail rate if your child does not have a meal plan
- Purchase additional entrées
- Purchase grab-and-go or à la carte items
- Purchase additional snacks, fruit, salads, sandwiches, and other available items

All students should have funds available in their declining balance account, even if they are enrolled in a meal plan.

How much do meals and meal plans cost?

Specific meal plan options and current pricing are available through **MyKidsSpending**.

Log in to the **Veracross Parent Portal**, select **Lunch Registration**, and access your MyKidsSpending account for the most up-to-date pricing information.

How do I add money to my child's account?

Funds can be added and managed directly through your **MyKidsSpending account**.

Log in to the **Veracross Parent Portal** and click **Lunch Registration** to access your account.

For specific questions regarding pricing, balances, meal plans, or adding funds, please refer to your MyKidsSpending account.

Can my child purchase additional food if they have a meal plan?

Yes. Students may use funds in their declining balance account to purchase items beyond the meal included in their meal plan, including additional entrées, grab-and-go items, snacks, and other à la carte offerings.

How does lunch work for Preschool, Kindergarten, and Nature School students?

Students in **Preschool, Kindergarten, and at the Nature School** will have their meals delivered directly to their classrooms.

Families participating in the dining program will select meals each week for the following week through their MyKidsSpending account. This allows families to choose which days their child will receive lunch and select meals in advance.

When do Preschool, Kindergarten, and Nature School families select meals?

Meal selections are made weekly for the following week through **MyKidsSpending**.

Do students in other grades need to pre-select their meals?

No. Students in other grades will go through the dining service line and make their selections each day.

What kinds of food will be available?

FLIK menus are chef-inspired, thoughtfully planned, and designed with students in mind. Meals are prepared fresh each day and include a variety of entrées, sides, fruits, vegetables, and additional selections.

FLIK's dining program emphasizes fresh ingredients, scratch-prepared meals, and balanced options. Menus are developed collaboratively by campus chefs and Registered Dietitian Nutritionists.

Will there be à la carte options?

Yes. Students may use funds in their declining balance account to purchase available grab-and-go and à la carte items in addition to their regular meal.

What about birthday treats?

Families may continue to bring birthday treats for their child's class or grade level as they have in years past. FLIK can also provide cupcakes or other treats for families who prefer that option. To order through FLIK, please email Chef Manager Michelle Walker at least one week in advance.

Why are meal plans priced the way they are?

The EDS dining program is designed to provide families with the convenience of daily food service while offering fresh ingredients, healthy choices, variety, and chef-prepared meals.

As we move through our first year of the program, we will continue to evaluate participation and the overall dining experience. Our goal is to maximize participation over time, which will help us provide meals at the lowest sustainable price possible.

For specific pricing information, please log in to your **MyKidsSpending account through the Veracross Parent Portal**.

Will families have opportunities to provide feedback?

Yes. Throughout the year, families will have opportunities to connect with the FLIK dining team, provide feedback, and learn more about dining and nutrition initiatives at EDS.

Students will also have opportunities throughout the year to try new foods and participate in themed meals and special dining events.

Where can I learn more?

Visit the **Dining at EDS** page on the EDS website for menus and additional information about our partnership with FLIK.

For information specific to your family's meal plans, pricing, account balance, or adding funds, log in to **MyKidsSpending through the Veracross Parent Portal**.